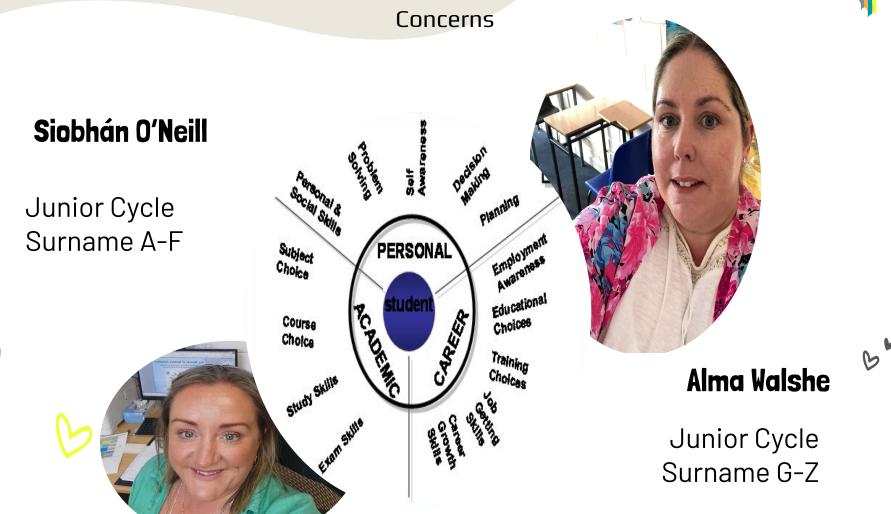
Study Skills

THE FOUNDATION FOR LIFELONG LEARNING

"Ability to study is a skill not a talent"

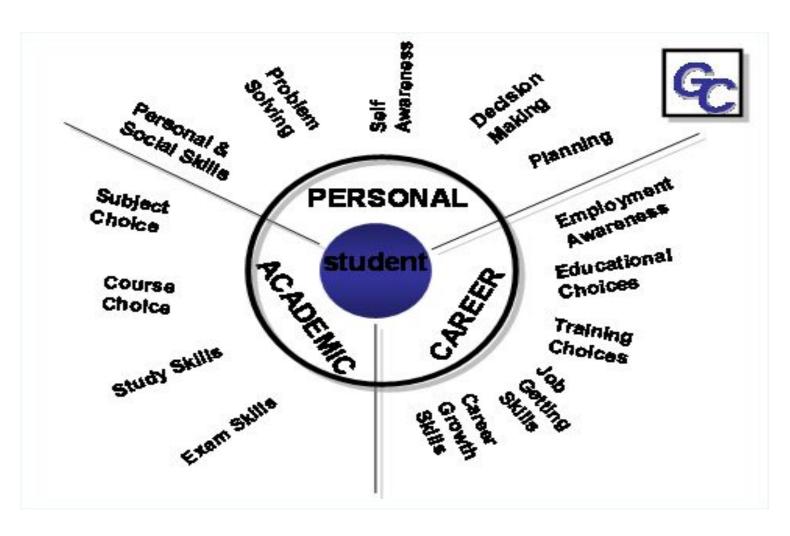
GUIDANCE TEAM

Individual and Group Counselling for Personal, Educational and Vocational



guidance@mercyballymahon.ie

Key Services of Guidance Counsellors



Rac



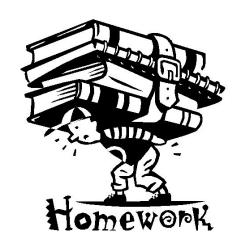




Study Skills?

It's a skill not a talent

- The students learn about themselves
 - o Learning style i.e. Visual or Verbal
- Parents?
 - o Nowhere to hide
 - o We are all on the one page!



Key Areas

- What?
- Mhh s
- Where ?
- When?
- Hows
- 3 time Rule!



3 Time Rule



1. Before Class

2. In Class

3. After Class



Learning Styles

Knowing your learning style will guide you in the best way to learn for you

Visual

Auditory/Verbal

Kinaesthetic







Recall / Revise / Recap / Retrieve / Repeat / Return / Review

Today's topic:

Choose from the following activities to organise your recalled information: Timer

Brain Dump:



Create a mind map of everything you know in 3 mins, change pen colour and use last 2 mins to add from notes

Write 5 Q + A:



Write 3 short answer questions and 2 longer answer questions

Key word definitions:



Write a minimum of 5 key word definitions from this topic

Visualise the topic:



Include: a diagram with labels, annotate the diagram with as much information as possible

4 Methods of Retrieval Practice

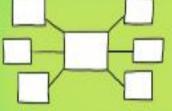
Before you start put away all your books of classroom materials

Retrieval Practice Examples

- * Exit Tickets
- *Starter guizzes
- Multiple choice quitees
- *Short answer tests
- Free write
- *Think, pair, Share
- *Ranking & Sorhing
- *Challenge grids

BRAIN DUMP

Write, draw a picture, create a mind map on everything you know about a topic



Give yourself a time hant, say 3 minutes, then have a look at your books it add a few things you forget.

QUIZZING

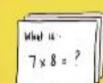
Create practice questions on a topic Swap your questions with a portner of unswer.

Question - What is a metaphor?

- A comparison using 'like, as toon'
- A comparison where one thing is another.
- Accomparison with a homan attribute.

FLASHCARDS

Create your own Hashcards, question on one side answer on the other. Can you make links between the cards?



You need to repeat the QdA process for flushcards you fail on more frequently for those you answer correctly

KNOWLEDGE ORGANISERS

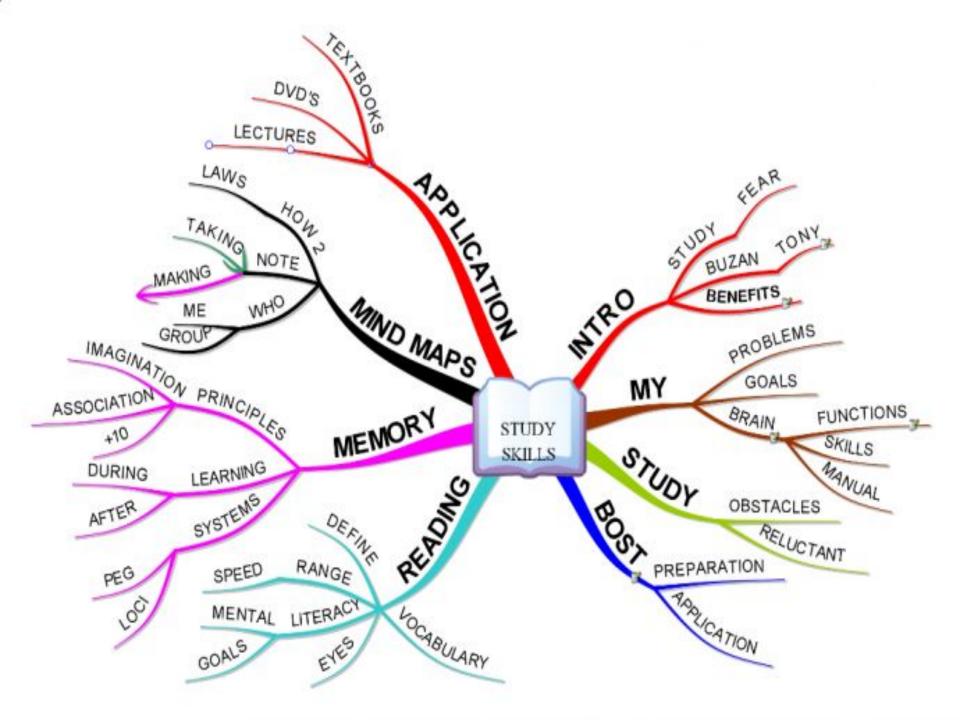
Complete a knowledge organiser template for key information about a topic.

Definition	Them a picture
issuples (To	pric. Non examples
comber _	T

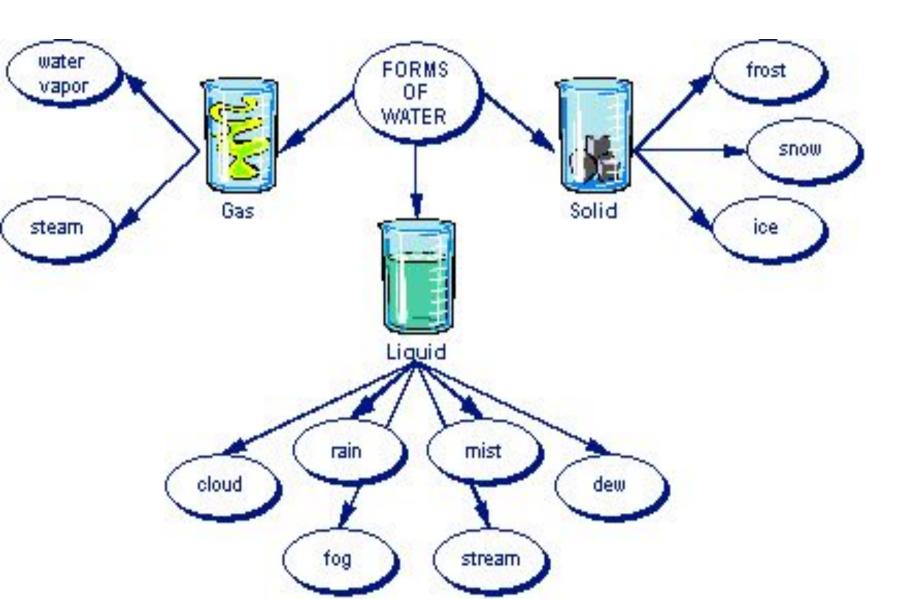
knowledge algeries to leave new vecab it make this in between subjects or ideal.

M. David with

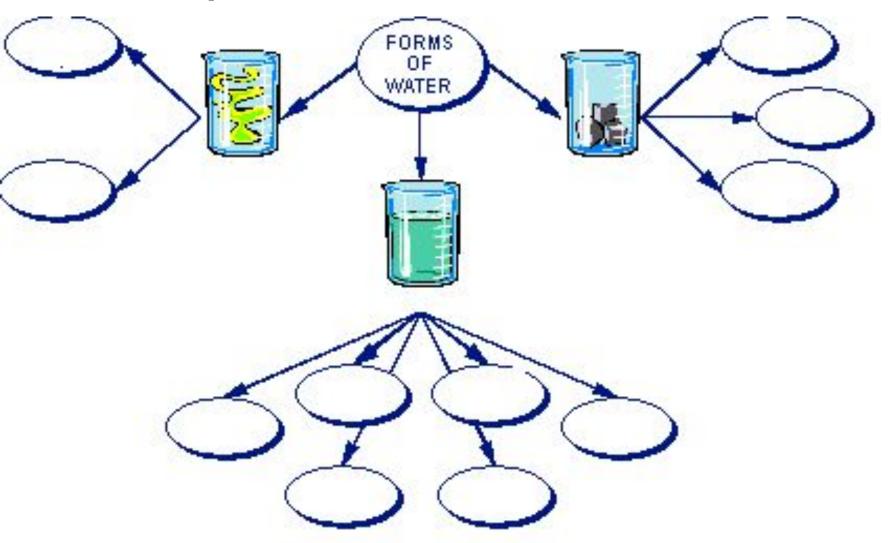
After you have retrieved as much as you can go back to your books at check what you've missed. Next time focus on that missing information



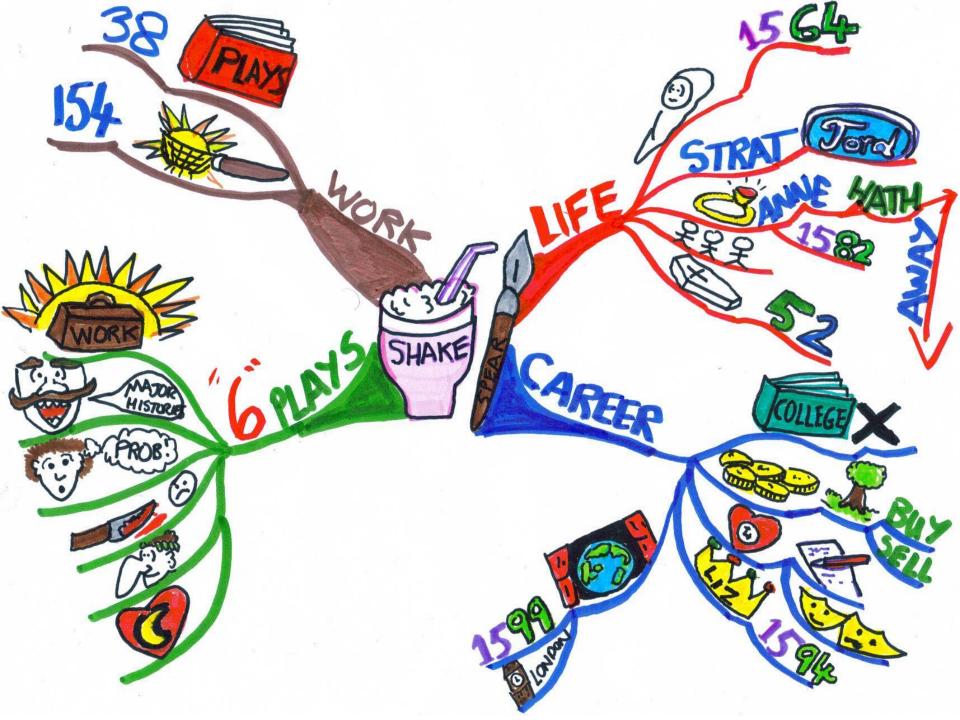
Mind Maps



Mind Maps



PERFORMANCE VACTING RESOLUTION IMPLY HAPPY HUMOUR COMED MARRIAGE WHY? WEHARACTER GENDER CONFUSION TYPES WIREAUSTIC ROMANCE MASICA DRAMA STORIES EUZABETHANS CONCERNS POLITICS POWER AUSTERATION MHOS ORDINARY STRATFORD MAGERY METAPHOR ACTOR WRITER PERSONIFICATION THE BOYS THEATRE COURSEWORK CHARE COMPARISON PASTICHE CHARACTER VIEW RESPONSE Court



Geography - Soil

Soil formation | Soil types | Soil erosion

Soil formation

Soil is the top layer of the earth and is formed by the interaction of a number of different elements as outlined below.

- Parent material: this is broken down by weathering and provides the main material for the soil.
- •Climate: this will play a strong role in the type of soil finally produced. Climate decides how much rain, sun etc. the parent material will receive. It also plays a key role in the type of weathering that will take place.
- **Humus:** this is decayed vegetative matter and the remains of animals etc that provides the nutrients for the soil.
- •Micro-organisms: earthworms, slugs etc eat the decaying vegetative matter and help to break it down. They also allow oxygen to pass through the soil by creating holes as they move through it.
- **Moisture:** water passing through the soil plays an important part in the downward movement of minerals in the soil. This process is called leaching.
- •Time: the formation of soil is a slow process. The type of soil is often decided by how long



Managing Time

- School day: intensive and exhausting
- 6 classes per day 4 on Friday
- Homework: 1.5 3 hours x 5 nights
- Weekend study: 3 6 hours
- A very long week!

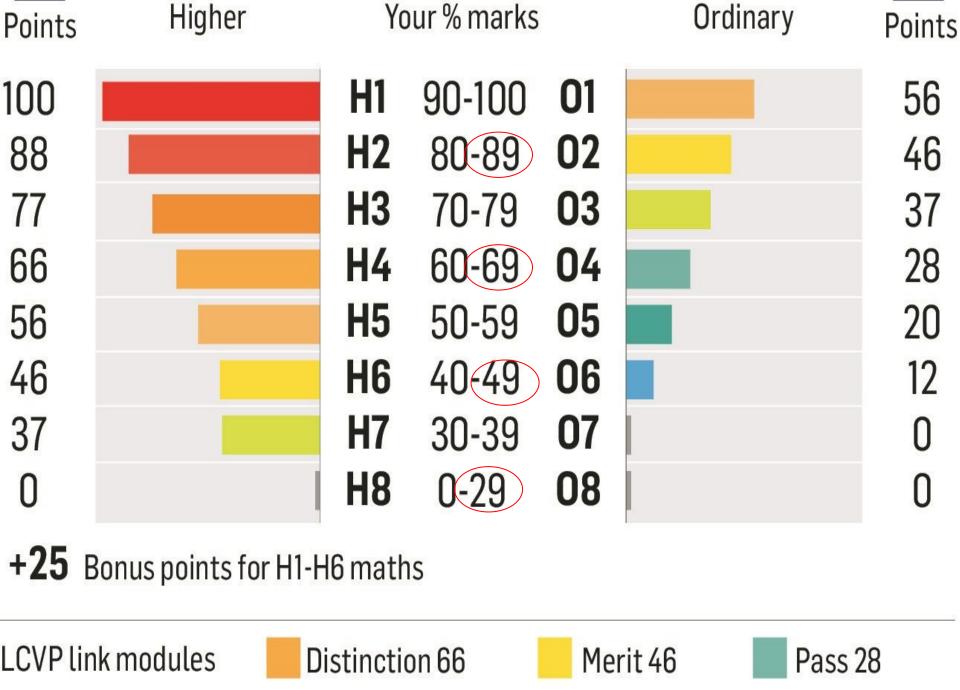


Managing stresses and strains

- Balance W + L + P = ②
- P = Personal care
- Leisure = fun and relaxation
- Weekend: 7 blocks of timeUse 2 for W5 for L and P
- Study Skills







Subjects

Maths/Accounting/Music/Art – Practice



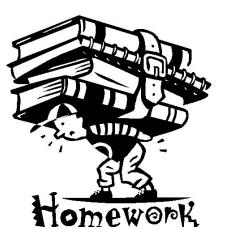
- English Reading, Essays, Questions
- Languages Speaking, Listening (10 min rule), Reading, Writing
- Theory Subjects (Geography, History, Business, Science) Exam
 Questions/Flashcards/Bathroom Mirror
- Projects Start Early/Notebook

Homework Management

- Homework on Fridays
- Review on Sunday
- No such thing as 'no homework'
- Ask Questions Look at Timetable for the next day
- Difficulties, speak to teacher
- Study the way they are going to be examined!
- Social Media +/or mobile = Distractions!
- Be organised!









- Start with favourite subject and then do least favourite
- Work through the ones that is liked to the ones that are not liked (last subject at night should be your second favourite)
- Watch the clock!
- Take out class test results were you didn't get 100% that's what you are going to study!
- Flash Cards/Index Cards/All the methods
- 3 time rule!?
- Set out in advance what you are going to study. Prepare your questions, have notes ready etc.

Other information

- Hand writing
 - Variety of pens
- Review "mock" exam performance
- Remind them of the "how"



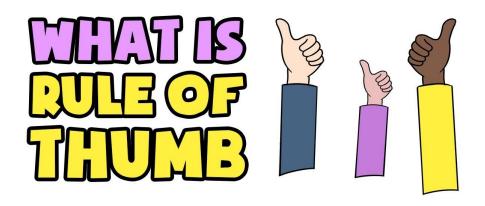












Study the way they are going to be examined!

Thank algu!